

Route Overview

This section of the trail begins in historic Long Lake, New York, where Adirondack wilderness guides once battled the damming of the waterways with explosives and the nighttime sinking of a steamship. Following the route of early loggers and hunters, the Trail winds along rivers, through a unique silver maple swamp, and across open lakes, where century-old, hand-operated locks still convey paddlers between waterways.



Northern Forest Canoe Trail: Section 2

Long Lake to Saranac River

Section Overview:

- ▶ 42 miles of paddling
- ▶ Flatwater lake paddling on either end, with the remote and meandering Raquette river in between. One whitewater section at Raquette Falls has a clearly marked and well-traveled carry route.
- ▶ Several short to moderate portages between lakes and around the one rapid.
- ▶ Primary bodies of water include:
 - Long Lake
 - Raquette River
 - Upper Saranac Lake
 - Middle Saranac Lake
 - Lower Saranac Lake
 - Oseetah Lake
 - Lake Flower
- ▶ This remote section of the NY route passes only through Long Lake Village and Saranac Lake Village. Tupper Lake Village is also a gateway to the Trail in this section.

Suggested Trips and Durations:

- ▶ 1 day: Explore Long Lake (flatwater lake paddling)
- ▶ 2 days: Long Lake Village to Axton Landing (flatwater lake paddling, meander on the Raquette River, one carry around Raquette Falls)
- ▶ 3-4 days: Long Lake Village to Saranac Lake Village (flatwater lake and river paddling, several carries, a short stretch of upstream travel on Stony Creek.)
- ▶ 2-4 days. Long Lake to Tupper Lake Spur A popular lake and river trip. (flatwater lake paddling, meander on the Raquette River, one carry around Raquette Falls)