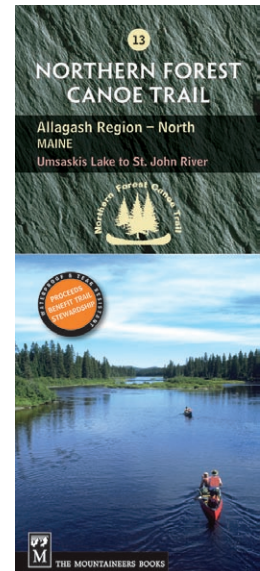


## Route Overview

This eastern-most section of the Trail winds along the remote Allagash, the nation's first Wild and Scenic River, and finishes on the historic St. John River, which outlines the international border. The route leads paddlers through waters first paddled by Abenaki hunters in birchbark canoes, past early European settlements in this remote land, and along shorelines that hold the ghost stories and rusting relics of logging days, as well as both the peace and adventure of the remote north country.



## Northern Forest Canoe Trail: Section 13 Umsaskis Lake to St. John River

### Section Overview:

- ▶ 77 miles of paddling
- ▶ This section is characterized by extended river paddling on both the Allagash and St. John Rivers. As one of the more remote and challenging sections, NFCT recommends this section for experienced paddlers.
- ▶ Primary bodies of water include:
  - Umsaskis Lake
  - Long Lake
  - Allagash River
  - Round Pond
  - St. John River
- ▶ Route passes through Allagash, Saint Francis, Saint John, and Fort Kent, the eastern gateway of the Northern Forest Canoe Trail.

### Suggested Trips and Durations:

- ▶ 2-3 days: American Realty Road to Michaud Farm (Pond and swiftwater river paddling, one portage)
- ▶ 2-3 days: American Realty Road to Allagash Village (Pond and swiftwater river paddling, short portages)
- ▶ 5-6 days: American Realty Road to Fort Kent (Pond, swiftwater, rapids, and portages – a complete paddling experience)
- ▶ 2 days: Allagash Village to Fort Kent (Primarily swiftwater river paddling, with limited rapids)