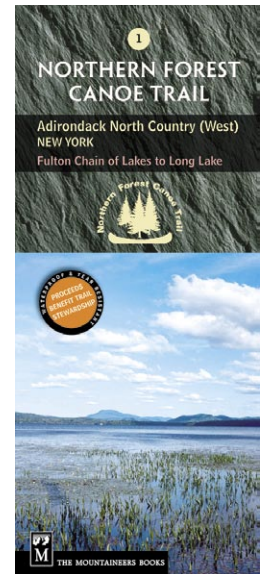


## Route Overview

From its western terminus at Old Forge, New York, the Trail begins its journey along the Fulton Chain of Lakes, following the historic path of Iroquois trappers in birch bark canoes, traditional log drives down the Raquette River, Adirondack guides leading city “sports” across the wide stretches of Raquette Lake and early steamboats navigating to lodges on the shores of Long Lake.

## Northern Forest Canoe Trail: Section 1 Fulton Chain of Lakes to Long Lake



## Section Overview:

- ▶ 43 miles of paddling
- ▶ Flatwater lake paddling, with the exception of the Raquette River, where there are some rapids, all of which can be carried.
- ▶ Several short to moderate portages between lakes and around rapids.
- ▶ Primary bodies of water include:
  - Fulton Chain of Lakes  
(First through Eighth Lakes, also known as middle branch of the Moose River)
  - Brown's Tract Inlet
  - Raquette Lake
  - Forked Lake
  - Raquette River
  - Long Lake  
(Route passes through Old Forge, Inlet, Raquette Lake Village, and Long Lake Village)

## Suggested Trips and Durations:

- ▶ 1 day: Old Forge to Inlet (flatwater lake paddling)
- ▶ 2 days: Old Forge to Raquette Lake Village (flatwater lake paddling)
- ▶ 3-4 days: Old Forge to Long Lake Village (primarily flatwater with some whitewater on the Raquette River)