



Northern Forest Canoe Trail Northeast Kingdom “Pedal and Paddle” Visitor Itinerary

Trip Summary and Resources

Maps and Guides

- ▶ [Section 6: Northeast Kingdom](#)
- ▶ [Clyde River Paddling and Fishing Guide](#)
- ▶ [Google map and directions](#)

Things to Do

- ▶ Paddle the Clyde River
- ▶ Cycle the [Kingdom Trails](#)
- ▶ Catch a [Northwoods Stewardship Center](#) event
- ▶ Browse the eclectic goods at the [Evansville Trading Post](#)
- ▶ Tour [Wooly Buggah Farm](#)
- ▶ Visit the [Trout River Brewing Company Brewery](#)

Places to Stay

- ▶ [The Village Inn at East Burke](#)
- ▶ [The Inn at Mountain View Farm](#)
- ▶ [The Wildflower Inn](#)
- ▶ [Burke Mountain Campground](#)
- ▶ [The Comfort Inn](#)

Where to Eat

- ▶ [Junipers' Restaurant](#)
- ▶ [East Charleston Country Store](#)
- ▶ [Willy's Restaurant](#)
- ▶ [The River Garden Café](#)

Outfitters and Guides

- ▶ [Clyde River Recreation](#)
- ▶ [Northwoods Stewardship Center](#)
- ▶ [East Burke Sports](#)
- ▶ [Kingdom Guide Service](#)
- ▶ [Siskin's Outdoor Adventures](#)

Northeast Kingdom Resources

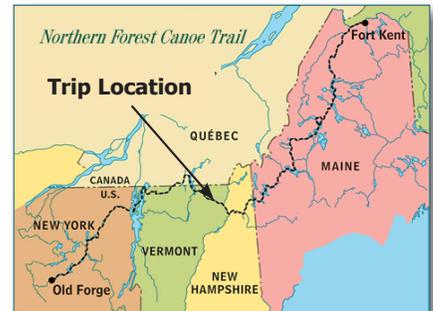
- ▶ [Northeast Kingdom Travel and Tourism Association](#)

NFCT Package Specials

- ▶ [The Wildflower Inn](#)
- ▶ [Inn at Mountain View Farm](#)
- ▶ [The Village Inn at East Burke](#)

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Vermont's **Northeast Kingdom** offers some of the finest off-road cycling and quiet-water paddling in the state. This itinerary describes a two day visit using the visitor-friendly town of East Burke as a home base. East Burke is home to internationally acclaimed **Kingdom Trails**, a series of off-road walking and cycling trails traversing nearby hills, meadows, and river valleys. A half-hour drive to the north, the **Clyde River** meanders through a quiet, pastoral valley. The region's quaint, personable inns, friendly restaurants, and well-stocked country stores provide all the services paddlers and cyclists need in a peaceful, village environment.



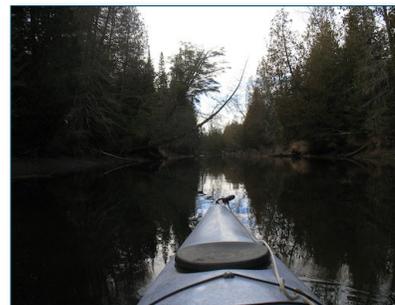
Day 1: Clyde River Paddle

If you were smart enough to stay the evening prior at [The Village Inn](#), the [Inn at Mountain View Farm](#), or the [Wildflower Inn](#), you'll be treated to a hearty breakfast. Otherwise, your best bet is the [River Garden Café](#). Route 114 North will take you to the Clyde River valley. Be sure to stop at the historic [East Charleston Country Store](#) to pick up a lunch. Storekeeper Helen Samul will gladly whip up a fresh deli sandwich. Keep your eye out for fresh local vegetables.



Paddling options abound on the Clyde, and trips of various lengths are possible. Leave your car in West Charleston at [Clyde River Recreation](#), located just west of Pension Pond. Chris will shuttle you and your boats to a put in of your choice at a very affordable rate. Need to rent a boat? No problem – Chris has a flotilla of over fifty canoes and kayaks to choose from. A popular trip is a leisurely two and a half hour float departing from School Road, meandering gently through a quiet, pastoral valley. Keep your eyes peeled for Common Mergansers and beaver tracks along the sandy banks. More adventurous paddlers may want to start further east, at Vermont Fish and Wildlife access points near Five and Ten Mile Square Roads, or as far as the Clyde River's headwaters

in Island Pond. Plan on a full day for that trip, which will take you through a vast wetland complex. Consult the [NFCT Map \(Section 6\)](#), or the [Clyde River Paddling and Fishing Guide](#) for more information. If you time your trip right, you may be able to catch a educational workshop, musical event, or full moon paddle at the [Northwoods Stewardship Center](#), a East Charleston based non-profit organization that provides quality scientific, educational and conservation service programs in area. Otherwise, swing by the unique [Evansville Trading Post](#), on Route 58, stocked with everything from muck noats to crockpots!



East Burke is home to several lodging options, although it is best to book ahead. The budget traveller will want to check out the bustling [Burke Mountain Campground](#) on the shoulder of Burke Mountain, a woody retreat particularly popular with Quebecois cyclists. The [Village Inn at East Burke](#), run by George and Lorraine Willy, is a cozy resting spot in the heart of the village, complete with spacious rooms, a communal kitchen, a vegetable garden, and a vineyard. Those seeking breathtaking views should consider the family and dog friendly [Wildflower Inn](#) (recently recommended by National Geographic Traveler) or the unique [Inn at Mountain View Farm](#), both situated on a hillside just out of town. Both are conveniently located close to the network of Kingdom Trails. All three inns are partnering with the NFCT to offer travelers vacation packages.



Looking to dine out? Culinary Institute of America trained chef Chris Willy has recently opened a pub and restaurant next door to the Village Inn called [Willy's Restaurant](#), where one can enjoy wholesome cuisine - from burgers to pear salads - continuing the tradition his grandfather began a century ago. [Juniper's at the Wildflower Inn](#) is another worthy choice. As a [Farm To Table Restaurant](#), Juniper's features fresh local produce and ingredients.

Day 2: Kingdom Trails Excursion

Time to hit the trails! East Berke is quickly growing in international acclaim due to [Kingdom Trails](#). Established in 1994 by local residents and business leaders, Kingdom Trails is a network of 110 miles of winding singletrack, ancient cart paths, broad fire roads, and scenic country roads fit for exploration on foot and bicycle. It was recently recognized as the best trail network in North America by Bike Magazine, and is perfect for casual riders and dare-devils alike. Pick up a trail pass and map (\$10) at their offices just Main Street, or at [East Berke Sports](#), where you can also rent moutain bikes (advance reservations required). Stop by the [River Garden Café](#) for lunch. The friendly dining environment and eclectic menu of this [Yankee Magazine](#)



[zine](#) "editor's pick" keeps visitors returning year after year.



Like to knit? Its worth making the trip to the backwoods town of Newark Hollow, home of the [Wooly Buggah Farm](#), where you'll find a cozy yarn shop, meet Nubian goats, Cormo sheep, and a Haflinger horse. Owner Donna Coughlin also provides custom garmenting and wool dying services. **Prefer a good brew?** [Trout River Brewing Company](#) in Lyndonville wil give you a tour and sell you a growler from their brewery shop.